

# HAPI

## Blood Pressure Monitor

### Quick Start Guide

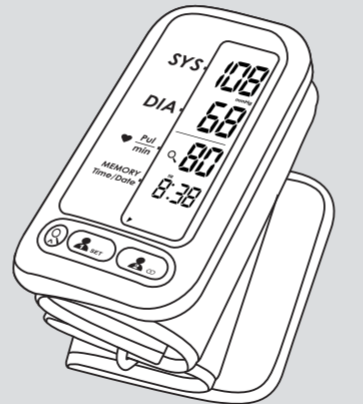
For more info, full user manual and troubleshooting, visit [www.hapi.com/help](http://www.hapi.com/help)

#### Welcome

Thank you for purchasing the HAPI Blood Pressure Monitor. You have taken your first step in becoming a healthier & happier you!

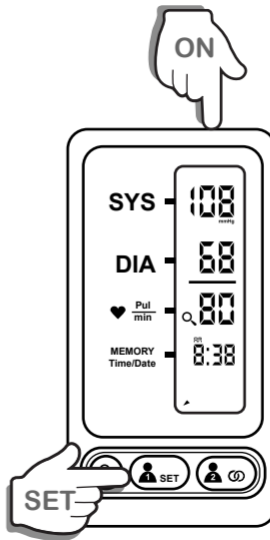
The HAPI Blood Pressure Monitor will work with your HAPI Connect app to help track your blood pressure & resting pulse data to share with your professional coach.

Please follow these simple steps to set up your HAPI Blood Pressure Monitor.



#### Step 1: Initial Set Up

Switch on by sliding the Power button to the ON position. Press and hold **User 1 / SET** button for 5 seconds to enter setting mode. Press the **SET** button to adjust the time, date and measuring system (KPa or mmHG). Press **SET** button to confirm. It can be set up for 2 regular users.




#### Step 2: Download the Mobile App

Download HAPI Connect App from Apple Store or Google Play store to register.



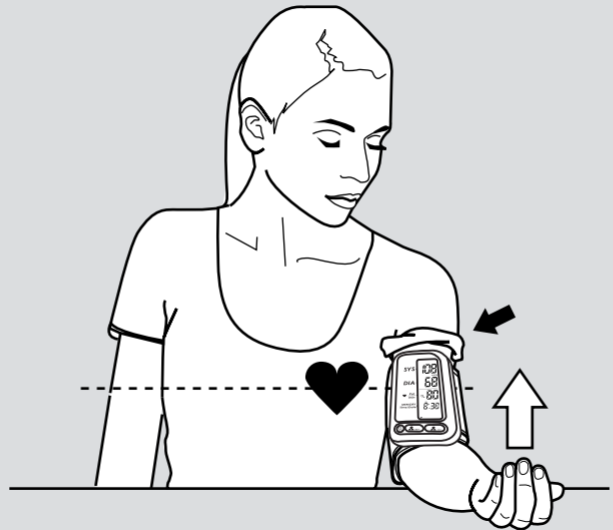
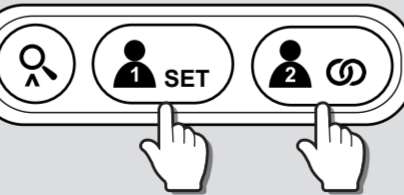
### Step 3: Pairing the Device

After making sure your Bluetooth is on, open the HAPI Connect App on your mobile. In the app, go to Device in the main menu and tap Add a Device. Press and hold the **User 2** button for 5 seconds until you see “”.




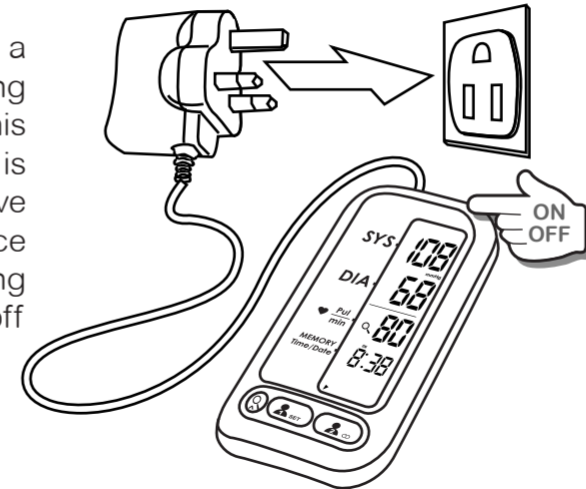
### Step 4: Measure Yourself

Place the cuff on your arm at the normal way. Press **User 1** button to start measurement for user 1. Press **User 2** button to start measurement for **User 2**.



### Step 5: Charging the BPM

Plug your power adapter into a power socket and the charging end into your HAPI BPM. This icon, , shows the device is fully charged. You can save power by switching your device off between usages by sliding the Power button to the off position.



# HAPI

# CE

For more information and troubleshooting, please visit [hapi.com](http://hapi.com)